

RITE UP

2020 ISSUE 1

A Turn for the Better

A young boy's journey
to life-changing care



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to ACL Reconstruction

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On front cover: Sonam Tashi at the monastery where he resides in the country of Bhutan.

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Letter from the President



ROBERT L. WALKER
President/CEO

IN THE EARLY 1920s, our founding Chief of Staff, William Beall “W. B.” Carrell, M.D., was approached by a group of Texas Masons about providing care to children with polio, regardless of the family’s ability to pay. Roughly two decades later in 1944, Carrell’s son, Brandon, an orthopedic surgeon, would

follow his father’s example and become our second chief of staff. Little did they know that **their contributions would create the foundation for what is now one of the premier pediatric orthopedic centers in the world — Texas Scottish Rite Hospital for Children.**

The Carrells’ legacy lives on through every child we treat. We are pleased to establish a donor giving group named in their honor, the **W. B. & Brandon Carrell Society**. You can read more about this program in our Donor Spotlight feature.

We also recently unveiled a plaque that recognizes the Carrells at our Frisco facility. It is titled **“The Carrell Family – Creating a Legacy of Hope and Healing.”** This tribute is an important addition to the Frisco campus because it reflects our history and the valuable role the Carrells have played in it.

One person who knows that history well is our Chairman of the Board, **Ambassador Lyndon L. Olson, Jr.** He was a patient of Dr. Brandon Carrell’s at age 11. After undergoing an amputation of his left leg, Lyndon was faced with the difficult decision of having his right leg removed as well. He chose to amputate and hasn’t looked back, achieving many great things in his life. Through the compassionate care he experienced as a child, Lyndon developed a lifelong love of the hospital and a deep respect for Dr. Brandon Carrell.

As we approach our centennial in 2021, it is a good time to reflect upon how it all began. We are grateful to the Carrells for providing us with a solid foundation, to caring leaders like Lyndon Olson for preparing us for the future and to all of those who support our mission. Thank you!

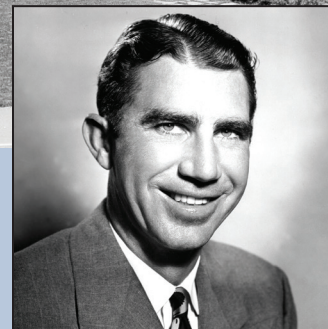


L to R: Don and Helen Mann, daughter of Brandon Carrell, M.D., celebrate the unveiling of the Carrell family plaque with the hospital’s Chairman of the Board, Ambassador Lyndon L. Olson, Jr.



Introducing the W. B. & Brandon Carrell Society

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Members of New Giving Program Honor a Legacy While Creating One of Their Own

WILLIAM BEALL “W. B.” CARRELL, ONE OF DALLAS’ FIRST ORTHOPEDIC SURGEONS, answered the call to help children with polio during the early stages of the epidemic’s outbreak. In pursuit of that mission, he became the hospital’s first chief of staff in 1921. His son, Brandon (above at right), followed in his footsteps in 1944, serving as the hospital’s second chief of staff. Today, the Carrells’ commitment to providing world-renowned pediatric orthopedic care continues to benefit children locally, nationally and around the world.

To honor their legacies, the hospital is pleased to introduce a new giving program — the W. B. & Brandon Carrell Society. While paying tribute to the Carrells’ contributions, it gives our dedicated donors an opportunity to create a charitable legacy of their own.

Those interested in participating can do so by including the hospital in their will or estate plan. Any donor who does so is automatically considered a member of the society.


“We are pleased to honor a distinguished group of donors who share the Carrells’ commitment to our mission,” says Stephanie Brigger, vice president of Development at

Scottish Rite Hospital. “Their support helps us continue to provide care regardless of a family’s ability to pay.”

Donors in this group will receive invitations to notable hospital events, including an annual occasion especially for society members. At the time the donor’s gift is received by the hospital, their name will be added to a memorial statue and the annual giving report.

“In addition to receiving recognition, these society members are making a difference in the lives of children for years to come,” explains Mike Stimpson, Development officer. “They are truly creating a legacy.”

We would like to thank those who have already made a commitment to the hospital in their estate plans. Likewise, we encourage anyone who has done so to contact our Development department so we can ensure that you are included in the society’s events.

There are many ways to make a lasting difference as a member of the W. B. & Brandon Carrell Society. To learn more or confirm your existing estate plans regarding the hospital, please call 214-559-7886 or visit scottishritehospital.org/give. 

Make plans to join us!



FRISCO CAMPUS
Saturday, April 4
10:00 a.m. – 12:30 p.m.
5700 Dallas Parkway



DALLAS CAMPUS
Saturday, April 25
10:00 a.m. – 1:00 p.m.
2222 Welborn Street

FREE TO THE PUBLIC!

Children throughout the community are invited to learn about safety in a fun, family-friendly environment.

Participants receive:

- Bike helmets (available for each child)
- Safety training from local emergency responders
- Snacks
- And more!



FARM & RANCH DAY
FRISCO
SCOTTISH RITE
FOR CHILDREN

Learn about Texas agriculture with live, interactive exhibits and hands-on activities! Open to the public!

Mark Your Calendars!

**Saturday,
May 2, 2020**

10:00 a.m. - 12:30 p.m.

5700 Dallas Parkway • Frisco

scottishritehospital.org/farmandranch

A Commitment to Education



DANIEL J. SUCATO, M.D., M.S.
Chief of Staff

SCOTTISH RITE HOSPITAL IS RECOGNIZED AS AN INTERNATIONAL LEADER IN PEDIATRIC ORTHOPEDICS.

We are committed to sharing our knowledge with medical professionals both locally and around the world.

On the local level, our team welcomes opportunities to share its expertise regarding the care

of children and young athletes. Our Frisco campus provides an ideal location for a popular, monthly educational lecture series – **Coffee, Kids and Sports Medicine.**

The conference addresses a broad range of topics each month, including injury prevention, psychology, hip pain and other trending subjects. The lectures are open to area health care professionals. To increase access, the series is now available live online for those who would like to attend remotely.

The hospital hosts other medical conferences for local medical providers throughout the year. Recently, the **Pediatric Orthopedic Education Series** was held at the Dallas campus. It was coordinated by Program Director Christine Ho, M.D., staff hand surgeon. This one-day program provides an opportunity for pediatricians, family practitioners and other medical professionals to learn from our team through lectures and patient demonstrations.

As leaders in pediatric orthopedics, our reach stretches around the world. Our expert staff spearheads international groups and medical conferences to bring the best care to children everywhere.



Harry Kim, M.D., M.S., visits with Kennedy, age 9, of Las Vegas, Nev., who is receiving care from the hospital's Center for Excellence in Hip.

Last fall, the hospital hosted the **International Perthes Study Group** for the eighth consecutive year. Led by the Director of the Center for Excellence in Hip, Harry Kim, M.D., M.S., the group includes more than 40 pediatric surgeons and researchers from 10 different countries who work collaboratively to improve the lives of children with Perthes disease.

In February, we welcomed international colleagues for the **Controversies in Pediatric Limb Reconstruction** meeting to discuss advancing treatments for patients with complex limb deformities. This highly regarded symposium was led by the Co-directors of the Center for Excellence in Limb Lengthening, David A. Podeszwa, M.D., and Mikhail Samchukov.

We are here to educate others, to be a resource and to encourage collaboration, so children locally and internationally can receive the most innovative care available.



Clinical Manager Jennifer Bowden, R.N., Ambulatory Care, discusses a clinic schedule with Emily Elerson, R.N.

Hospital Nurse Receives Leadership Award

RECENTLY, CLINICAL MANAGER JENNIFER BOWDEN, R.N., Ambulatory Care, received the Excellence in Nursing – Leadership award, presented by *D Magazine*. Each year, fellow medical professionals and patients nominate nurses who they feel exemplify skill and spirit, improving health care in our community.

In her role, Bowden works closely with the nursing staff, making sure they have the resources to be successful and care for their patients.

“Scottish Rite Hospital is very dear to my heart,” says Bowden. “It is truly an honor to receive this award. I am so grateful for my coworkers and our patients and families. They are the reason I take such joy in my job each day.”

A New Approach in ACL Reconstruction Reduces Re-Injury in Young Athletes

AT SCOTTISH RITE HOSPITAL, PROVIDING LEADING-EDGE, INNOVATIVE CARE is at the forefront of what we do.

Recently, Assistant Chief of Staff Philip L. Wilson, M.D., and pediatric orthopedic surgeon Henry B. Ellis, M.D., published a novel technique that could revolutionize the treatment of anterior cruciate ligament (ACL) injuries.

For young athletes, this can be a season-ending injury, which is why our sports medicine team has been studying a unique surgical approach since 2012. Studies reveal that the rate of re-injury to the same or opposite leg is as high as one out of every four cases.

Based on these findings, our experts have combined a procedure originally designed for younger children (under 12 years old) with a surgery commonly used for older, more skeletally mature children. While allowing for uninterrupted function of the growth plates, the technique provides additional support when compared to other treatments – achieving a significant reduction in the re-injury rate, from 25 percent down to five percent.

“Young children and adolescents are the most challenging to treat after an ACL injury because their growth plates are

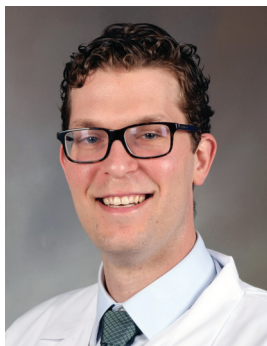


Anthony, age 16, of Mesquite, a patient of our Center for Excellence in Sports Medicine, is back on the soccer field after his successful ACL reconstruction.

still open,” says Wilson. “Returning to a high level of activity is the goal and because of this surgery, we are able to help athletes get back to what they love with a much lower risk of re-injury.” ○



Sheryl Frierson, M.D.



William Z. Morris, M.D.



Fabiola I. Reyes, M.D.



Christina Sherrod, M.D., FAAP

Hospital Welcomes Four New Experts to the Team

OUR SKILLED AND EXPERIENCED STAFF make Scottish Rite Hospital a destination for expert care. We are excited to introduce four doctors we welcomed to our team over the past year.

Sheryl Frierson, M.D., joined the hospital as the medical director of the Luke Waites Center for Dyslexia and Learning Disorders. She gives school-age children the opportunity to thrive in academic settings by identifying and addressing developmental disorders and learning differences that may otherwise interfere with their success.

William Z. Morris, M.D., joined the hospital as a pediatric orthopedic surgeon. As a former Dorothy & Bryant Edwards Fellowship in Pediatric Orthopedics and Scoliosis fellow from the hospital’s class of 2019, Morris cares for general pediatric orthopedic surgery patients with a focus on spine and hip conditions.

Fabiola I. Reyes, M.D., is a pediatric physical medicine and rehabilitation physician in the Neurology and Rehabilitation Medicine department. She cares for the hospital’s patient population with motor-control issues, including children with cerebral palsy and other physical disabilities.

Christina Sherrod, M.D., FAAP, is a staff physician/complex care pediatrician in the Pediatric Developmental Disabilities department. She cares for hospital inpatients with special medical needs, such as children with asthma, cerebral palsy, endocrine conditions or intellectual disabilities. ○



A Turn for the Better

The future of a young boy on the other side of the world takes a life-changing turn when a group of visitors from the U.S. set him on a path to Scottish Rite Hospital.

NESTLED ON THE EASTERN EDGE OF THE HIMALAYAS, BETWEEN INDIA AND CHINA, lies the small country of Bhutan. In the summer of 2017, a group of women from the United States was touring a monastery in the region when a young boy residing there caught their attention. He was standing alone, watching his friends play soccer on a grassy courtyard. The women couldn't understand why he wasn't participating. Then they saw the reason. His feet. They were turned inward so severely they were almost backward. At that moment, their trip took an unexpected turn — from an adventure to a mission. Fortunately, this turn of events led this boy, named Sonam Tashi, to the world-renowned team of medical experts at Scottish Rite Hospital. Now they, too, were on a mission, to turn around Sonam Tashi's feet and ultimately, his life.



Sonam Tashi receives expert care during a casting session with Anthony I. Riccio, M.D.; Cadie Ranson, L.V.N.; and Andrea Brown, C.L.S.



One of the women who met Sonam Tashi on the visit to Bhutan was a physician. “It was really hard,” says Genoa Ferguson, M.D., moved by the memory of what she and her friends saw that day. “We took pictures of his feet and I didn’t know if we could help him at all.”

From half a world away, Ferguson immediately sent the photos to pediatric orthopedic surgeons at Scottish Rite Hospital, Brandon A. Ramo, M.D., medical director of Ambulatory Care, and Corey S. Gill, M.D. They shared the images with fellow hospital pediatric orthopedic surgeon Anthony I. Riccio, M.D., who specializes in clubfoot and foot disorders. They would later confirm that Sonam Tashi’s condition was untreated clubfoot.

This young man’s hospital journey was just beginning. Despite mounds of paperwork, a visa denial and agonizing delays, Ferguson and her friends remained undaunted. At last, nearly 17 months after the process began, Sonam Tashi embarked on the first plane ride of his life to Dallas, Texas.

“I have never encountered a teenage patient with untreated clubfoot, in the 14 years I’ve practiced pediatric orthopedics and the hundreds of cases I’ve treated,” Riccio explains. “It is exceedingly rare.”

In the United States, doctors diagnose clubfoot early in a child’s life, sometimes even before birth via ultrasound.

The hospital’s treatment involves a series of corrective casts that are changed weekly, an approach called the Ponseti method. This care begins optimally in the first week of life, while a newborn’s legs are at their most limber.

At age 13, Sonam Tashi became the oldest patient the hospital has ever treated using the Ponseti method. An adolescent’s legs are much more rigid than a baby’s because the ligaments, joints and bones have been in place for years, making any manipulation difficult.

“I was concerned,” Riccio says of the undertaking. “The question becomes ‘How much surgery is going to be required?’ to bring his feet into an acceptable position.”

The first step was to introduce Sonam Tashi to the concept of having his legs covered in plaster and wrapped from his toes to his upper thighs for weeks upon weeks. This was on top of another important introduction — to America.

“Sonam Tashi did not understand or speak English when he arrived,” Andrea Brown, Child Life specialist, explains. “Everything was new to him, the food, the clothing, the culture — even things like traffic lights.” So, before his first casting, Brown helped Sonam Tashi understand his procedure through an interactive approach called medical play, using a teddy bear with “casts” on its legs.

Continued on next page



Sonam Tashi brings smiles to therapy service tech Ashley Brown (at left) and physical therapist Kayla Clem.

That dream became a collective goal. “I feel fortunate to work at a hospital that supports us in caring for children regardless of where a child hails from, how complex their problem is or how limited their financial resources may be,” Riccio says. “It’s an honor to care for kids like Sonam Tashi. I hope he will think fondly of us and maybe every once in a while, remember the amazing things that this place can do.”

There is no doubt he will. “It’s my hospital,” Sonam Tashi says of his care experience. “Those are my friends.”

After his successful treatment, and many hugs and well-wishes, he traveled more than 8,000 miles back home to Bhutan. Today, he is putting one straight foot in front of the other. He is on the soccer field, running, jumping and living his dream. In a land accentuated by peaks and valleys, Sonam Tashi stands at the top of the mountain, because his feet and his life have taken a turn for the better. ○

“I wanted him to fully understand what was happening and why,” she says. “I felt so privileged to have had that kind of relationship with him and that he trusted me to be that person.”

Riccio and Scottish Rite Hospital nurse Cadie Ranson, L.V.N., applied a series of casts, gently stretching his feet in the right direction. “Sonam Tashi’s feet responded beautifully to the treatment,” Riccio says. “I couldn’t be happier with the results we achieved.”

It took six rounds of casting, one surgery and 23 weeks of treatment and physical therapy before his feet went from being turned in and virtually backward to pointing straight and even outward a small degree. “This gave him feet that look a lot like yours or mine,” Riccio explains.

Extraordinary team support allows Scottish Rite Hospital to take on challenging cases, like this one, and reflects our whole-child approach to care. From Child Life and Psychology to Therapeutic Recreation and Physical Therapy, Sonam Tashi’s treatment touched many areas of the hospital and many lives along the way.

“His attitude, his commitment and the smile on his face inspired everyone,” Kayla Clem, Scottish Rite Hospital physical therapist, fondly recalls. “He was determined to reach his goal of being able to play soccer with his friends when he returned to Bhutan. That was his dream.”



Sonam Tashi enjoys time with a friend upon his return home to Bhutan.



Top 100 Places to Work

THE DALLAS MORNING NEWS recently recognized our organization as one of the “Top 100 Places to Work” in the Dallas-Fort Worth area for the second consecutive year. Every day, the staff of our Dallas and Frisco campuses have the opportunity to make a meaningful difference in the lives of children by supporting our mission, making it truly a place like no other. ○



⋮ HOSPITAL HISTORY

THE HOSPITAL'S FIRST CHIEF OF STAFF, WILLIAM BEALL “W. B.” CARRELL, (pictured third from the left) stands on the original hospital grounds with a fellow orthopedic surgeon (far left) and two nurses, circa 1927. During the late 1930s, the demand for treating children with polio nearly doubled to more than 27,000 cases a year. Carrell tirelessly led the hospital and its staff through this period, providing outstanding, compassionate care to children from 1921 until his death in 1944. ○



Cowboys Visit

THE DALLAS COWBOYS TOOK A TIMEOUT FROM THE FIELD to brighten the day at Scottish Rite Hospital during their annual December visit. Football players and cheerleaders gave team photos, autographs and memorabilia to patients and families. This annual event is always a treat for our patients. Go Cowboys! ○

L to R: Cowboys players Amari Cooper, Byron Jones and Leighton Vander Esch with patient Janiece, age 15, of Fort Worth



Amputee Ski Trip

FOR NEARLY 40 YEARS, THE ANNUAL AMPUTEE SKI TRIP has brought the joy of skiing and snowboarding to our patients with limb differences. During the trip, held February 10–15 at the National Sports Center for the Disabled in Winter Park, Colo., 14 teens built confidence, gained independence and created lasting friendships.

Supporters of the trip include the Stephen M. Seay Foundation, American Airlines, Saint Bernard Sports and former Texas Senator Troy Fraser and his family. ○



Patients enjoy time together taking on the Colorado slopes with the help of volunteer ski instructors.



Save the Date



MONDAY, JULY 13
STONEBRIAR COUNTRY CLUB – FRISCO

KidSwing Golf Tournament is a nine-hole, best-ball scramble for players ages 5 to 18 at all levels of golfing ability. To play, become a sponsor or learn more visit KidSwing.org.



Help Us Tell Our Centennial Story

AS WE APPROACH OUR 100TH BIRTHDAY IN OCTOBER OF 2021, we are eager to hear about patients who have passed through our doors over the years. Each one of their stories is part of our history.

Was your mother or father treated at the hospital? Do you have a grandparent, aunt or uncle who was once a patient? If so, we'd love to learn about their hospital journey!

Visit scottishritehospital.org/shareyourstory for details. ○



Memphis Tiger Jaylon Allen with patient and Honorary Captain Rocky, age 13, of Katy



Memphis Tigers football players gather around fans Charles, age 9, and Hawkins, age 10, both of Dallas.

Cotton Bowl Visit

ON DECEMBER 23, THE UNIVERSITY OF MEMPHIS TIGERS FOOTBALL TEAM visited our patients and families before their Goodyear Cotton Bowl Classic game at AT&T Stadium in Arlington. The team's coaches and players made this visit something to remember. Players signed autographs and participated in games and crafts with the kids. Patient Rocky, age 13, of Katy, represented the hospital as Memphis' Honorary Captain. He was presented with a team jersey and led the school's chant. Go Tigers Go! ○

MEET

P. Oswin Chrisman

Member of the Scottish Rite Hospital Board of Trustees Since 2009

TRUSTEE P. OSWIN “OS” CHRISMAN’S parents instilled in him the belief that if you work hard, you can accomplish almost anything. It is a philosophy that has guided his life and his commitment to community, faith and serving others. This aspiring-minister-turned-attorney practiced law with major Dallas firms for 25 years and served 13 years as a Dallas County district court judge. In that role, he has championed causes and programs to improve the lives of the underserved, juveniles and families. He is a supporter of local health care initiatives and has been a dedicated Mason for more than 50 years. He has worked hard and has benefited his community greatly as a result. As a hospital trustee, he is inspired by our patients and how they, too, have learned that with the right attitude and effort, you can accomplish almost anything.

A JUDGE OF CHARACTER

Chrisman is retired from his full-time judicial position but continues to practice as a visiting judge, offering counsel and resolving disputes in small towns throughout North Texas. “I love to meet people from all over,” he says. “I enjoy it. You could say, I flunked retirement.”



BAYLOR BOND

Growing up in a faith-based home, Chrisman set his sights on the ministry when he attended Baylor University. However, an affinity for student government led him to pursue a law degree. During his last semester, he married his wife, Marilyn. “Baylor has shaped me in so many ways,” Chrisman says of his alma mater.

ON BOARD

Chrisman has also supported his college and community through longtime service on the boards of Baylor University Medical Center and the Baylor Health Care System. For 11 years, he has shared his guidance with the Scottish Rite Hospital board, which he describes as “one of the highlights of my life.”

MASONIC MENTOR

In 1958, Chrisman became a Mason in his hometown of Port Arthur, Texas, in the same lodge as his father. “He guided me through every step,” Chrisman explains. “He was a wonderful man and father.” Years later, they would become Scottish Rite Masons together. “Masonry was always something special we shared,” he says.

LABOR OF LOVE

As someone with a strong work ethic, Chrisman has a keen appreciation for Scottish Rite Hospital. “There is such an upbeat, can-do culture there, from the staff to the kids,” Chrisman explains. “Nothing is going to stop the doctors or patients from accomplishing great things.” ○

PicoMan Photography



Patient Shines Under the Friday Night Lights

OUR PATIENTS HAVE MANY MEMORIES AND EXPERIENCES that shape their healing journeys. For patient Cristian, age 17, of Weslaco, a kicker for the Weslaco High School Panthers football team, there was a singular moment last fall in his South Texas-area town that not only transformed his life, it touched the lives of thousands.

Cristian was born with arthrogyrosis, a congenital disorder that restricts joint mobility and muscle development. He became a patient at Scottish Rite Hospital when he was only 4 months old.

“I was scared and overwhelmed,” recalls Cristian’s mom, Eliza, who was a single mother at the time. “I just wanted to know how I could help my son.”

The condition affected all four of Cristian’s limbs. A doctor near their home, who was treating Cristian for clubfoot, suggested Eliza bring her son to Scottish Rite Hospital for our expertise in treating hand and upper limb conditions.

“I have tremendous respect for his determination,” says Scott Oishi, M.D., FACS, director of the hospital’s Center for Excellence in Hand. “He never feels sorry for himself or says there is something he can’t do.”

Cristian proved that to himself and many more people one evening last fall on the Weslaco Panther’s home football field. After numerous surgeries, physical therapy, weeks of football practice and waiting on the sidelines, his moment had arrived. Cristian was called upon to kick an extra point near the end of the game. It was his first time to take the field under the bright Friday night lights, with the stands full of spectators.

“I’ve never felt so nervous,” Cristian recalls, feeling the full weight of that moment.



“We live nine hours away from Scottish Rite Hospital but we never once complained because I knew Cristian was receiving the best care possible,” Eliza says of her son’s hospital experience. “I couldn’t be more proud of all he has accomplished.”

He took a deep breath, pulled back his leg and as he released it, his fans let out a collective cheer.

The kick was GOOD!

“I have been here 11 years and I have never ever seen this place erupt the way it did that night,” Roy Stroman, head coach of the Weslaco Panthers football team, shares in a video called “The Kick” by KWES TV. “It was magical.”

Cristian credits the hospital, his family and the sport of football for helping him become the person he is today. He wants other kids with physical differences to know they can achieve their dreams.

“I’ve never felt anything like it,” Cristian says of the outpouring of community accolades and support he has received since that inspiring moment. “When I got home my mom was crying and said to me, ‘I knew you could do it. Don’t ever say you can’t because anything is possible.’ ” ○



Open House at The Star

ON TUESDAY, DECEMBER 10, WE CELEBRATED THE OPENING OF OUR new 6,000 square-foot sports medicine clinic, Scottish Rite for Children at The Star. This clinic is located within the Baylor Scott & White Sports Therapy & Research facility at the Dallas Cowboys World Headquarters in Frisco.

Our expertise in pediatric sports medicine and orthopedics will complement Baylor Scott & White's outstanding adult-focused practice, creating a seamless care experience for athletes of all ages. At this clinic, patients will be cared for on a referral basis by our multidisciplinary team of sports medicine experts. For more information, visit scottishritehospital.org.



L to R: Scottish Rite Hospital President/CEO Robert L. Walker; Trustee Michael K. Pickens; Chairman of the Board, Ambassador Lyndon L. Olson, Jr.; Board Vice Chairman Harold D. Carter; Baylor Scott & White CEO Jim Hinton and Board Vice Chairman M. Douglas Adkins

ABOUT TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN

Texas Scottish Rite Hospital for Children is one of the nation's leading pediatric centers. The hospital treats a wide range of orthopedic conditions, including sports injuries and fractures, as well as certain arthritic, neurological and learning disorders,

such as dyslexia. Patients receive treatment regardless of the family's ability to pay. For more information about services available at our Dallas or Frisco campus, volunteering or donating, visit scottishritehospital.org.

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